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Abstract

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Keywords

keyword 1; keyword 2; keyword 3; keyword 4 [List at least three but no more than ten pertinent keywords.]

# 1. Introduction [first level heading]

State the objectives of the work and provide an adequate background to clarify why the study was undertaken and what hypotheses were tested, avoiding a detailed literature survey or a summary of the results. The information in this section should always be referenced. Also, use the [numbers] for the references in the full text, e.g., [1] or [5, 6, 7] or [9–11].[Abbreviations should initially be introduced in the abstract and the main text, detailing their full form before usage]

# 2. Materials and Methods

The source of material used and relevant ethical framework for all experiments should be clearly identified (ethics approval and/or written informed consent). Methods already published should be indicated by a reference: only relevant modifications should be described. This implies that a full description of all the experiments described in Results and presented in the Figures/Tables is expected in this section. For each experiment, all steps need to be mentioned, along with instruments the analyses were performed on, reagents and methods to permit the replication of the work by others. We would encourage authors to submitting a detailed Bio-protocol.

# 3. Results

Include a concise summary of the data presented in all display items (figures and tables). Excessive elaboration of data shown in display items should be avoided. Numerical data should be analyzed using appropriate statistical tests described in the Experimental Design and Statistical Analysis section. Authors must provide detailed information for each statistical test applied. Report exact p values rather than ranges (e.g., *p* = 0.048 rather than *p* < 0.05).

*3.1 Figures, Tables, Motions, and Equations, etc.* [second level heading]

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### 3.1.1 Figures [third level heading]

Provide figure images in JPG, TIF format; Color images must be in RGB mode (do not support CMKY mode). The suggested minimum resolution of image is 300 dpi. Figures should be placed in the main text near to the first time they are cited. Also, the legend should be detailed, it is not acceptable to give only one or two lines description of figures.



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Table footnotes.

### 3.1.3 Mathematical Components

This is the example 1 of equation [fourth level heading]

(1)

the text following an equation need not be a new paragraph. Please punctuate equations as regular text.

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(2)

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*3.2 Units*

* A space should be inserted before measurement units: 17 mL, 17 mol/L, 17 cm.
* Capitalize the letter L in some units: mL, L.
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Abbreviations [optional section]

NIRS, near-infrared spectroscopy; PCA, principal component analysis; PUFAs, polyunsaturated fatty acids; MDA, malondialdehyde; TAG, triglycerides; HPLC, high-performance liquid chromatography; SOD, superoxide dismutase; SEM, scanning electron microscopy; SFE, supercritical fluid extraction; LDF, low-fat diet.

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Appendix [optional section]

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